



SPA HAMADRYADE

Since 2006

Puerto Misahualli

An Invitation

The Amazon is a place of inspiration, stories and mysteries. Exuberant, remote and charming, it invites us to leave the routine of our urban lives to immerse ourselves in a very real and natural nature, far from our computers and our daily lives.

Our spa was designed to help you do exactly that: disconnect to reconnect. Our selected treatments are designed to calm the body and mind, helping to feel more closely the essence of this millenary forest and its creatures. Enjoy a treatment, add yourself in the pool, practice yoga or meditation in the withdrawal zone that offer a beautiful view of the jungle ...

The Amazon encourages us to see the world anew. We invite you to listen to her call and feel good, along with her.



SPA LABEL

Open Mon-Sun | 9 AM - 9 PM

BOOKING

Contact the Hamadryade Lodge Reception by phone or WhatsApp to book your treatment. Some services are available outside opening hours upon prior request.

☎ +1 980 982 2754

☎ +593 980 969 518

☎ 062 999 140

AGE

The wellness area welcomes guests from 5 years of age.

APPOINTMENT

We ask that you come to the facilities 10 minutes in advance.

HEALTH STATUS

At the time of booking, please inform the staff of any medical condition or special needs that may affect your treatment. It is important to hydrate while at the spa. Avoid alcohol consumption for at least 2 hours before and after your spa treatment or yoga session. Please note that alcoholic beverages are not allowed in the spa area.

EMBARAZO

¡Felicitaciones a la futura mamá! Aunque hay algunos tratamientos que no pueden ser practicados a una mujer embarazada, otros sí pueden adaptarse a sus necesidades y contribuir a su relajación y bienestar durante este momento tan especial. Nuestro equipo con gusto le guiará para seleccionar el tratamiento más idóneo. Recomendamos evitar cualquier tratamiento dentro del primer trimestre de embarazo.



OUTFIT

We recommend wearing the robe that we have provided in your room when you approach the spa. We want you to feel comfortable and relaxed during your treatment. Our therapists are trained in draping techniques to protect your privacy; However, if you like, you can wear underwear. We do not offer disposable interiors in honor of our philosophy of sustainability and environmental responsibility.

VALUABLE ITEMS

We suggest leaving your valuables in the safe in your room. However, if necessary we will provide you with a small box in which you can place your objects in the treatment room.

CANCELLATION POLICY

If you need to cancel or reschedule your appointment, please do so at least 12 hours in advance. If you cancel less than 12 hours in advance, 50% of the total cost will be charged. If cancellation is made less than 2 hours in advance, the full amount will be charged.





FACIALS

FACIAL EXPRESS

Brief and effective treatment

- Cleansing gel
- Tonic according to skin type.
- Rice exfoliation plus hydrolyzed collagen.
- Skin revitalization
- Electroporator
- Mask
- Face lift
- Sunscreen

30 minutes \$55

ORGANIC NATURA FACE

Organic and natural treatment

- Cleansing foam
- Facial moisturizing cream gel (sabila)
- Skin lightening
- Purifying clay mask
- Vitamin mousse
- Facial lymphatic drainage
- Moisturizer
- Sunscreen

40 minutes \$65

RADIANT SUN AESTHETICS

Rejuvenating and vitalizing

- Hyaluronic acid cleansing gel + Q10 + collagen
- Tonic according to skin type.
- High frequency extractions and cauterization
- Triphase: Serum / vitamins / electroporator
- Hydroplastic
- Vitamin mousse
- Sunscreen cream gel

60 minutes \$85

optional ultrasonic paddle : + \$10

MASSAGES

CHIROPRACTIC

Ideal for relaxing muscles, nerves and adjusting the vertebrae.

- Chiropractic plus decontracting massage: 1h00, \$80
- Chiropractic alone: 20min, \$50
- Chiropractic added to massage: 20min, \$40

HAMADRYADE BALANCE

The most complete massage of all: it works on every part of your body.

- Full body massage of your choice: soft or strong
- Vertebral adjustment
- Pressure points and energy release
- Masaje craneoencefálico
- Abdominal MLD
- Stretching and activation of the nervous system
- Facial nutrition plus appliances

75 minutes \$80

NECK, SHOULDERS AND BACK

- Massage focused on the body region where the greatest amount of tension accumulates.
- It is the ideal treatment if you have little time.

30 minutes \$40





THE RAINFORREST TOUCH

- Adapted to the needs of the guest, focused on one or two areas of the body, such as legs and back.
- Benefits: relieves localized tension in the body.
- Massage based on natural oils from the Amazon.

30 minutes \$45

FEET AND HANDS

- Hand and foot exfoliation with rich Amazonian aromas
- Hand and foot wraps
- Pressure points and energy release
- Benefits: deep hydration and delicious aroma.
- Organic cocoa from the garden

60 minutes \$70

BAMBOO

- Your masseuse will use a bamboo to relax and stretch your muscles.
- Promotes and helps in muscle circulation, relieves tension.
- Massage with Amazonian essential oils

40 minutes \$60



RELIEVING MASSAGE PLUS BODY PEELING

- Massage with cupping and wood therapy
- Vertebral adjustment
- Strong massage ++
- Exfoliation with cocoa from the garden or sea salts.

75 minutes \$90

AMAZON WHISPER

- Relaxing full body massage with Amazonian aromas
- Use of hot plant "pindas"
- Pressure points and energy release
- Benefits: Relaxation of body and mind

60 minutes \$75

4 HANDS MASSAGE

- 2 professionals will give you a full body massage focused on relaxation.
- Aromatherapy
- Facial nutrition or thermal back wrap
- Massage with Amazonian essential oils
- DLM craniocerebral massage
- Facial nutrition

60 minutes \$125



MANUAL LYMPHATIC DRAINAGE / MLD

- Manual lymphatic drainage helps stimulate lymph. The masseuse's fingers make wave movements to promote harmonious contraction of the muscle units located in the lymphatic pathways. Useful for any tired person who needs to boost their immune system; but also for people with lymphatic edema, venous to a lesser extent or people with "heavy legs"
- This massage provides a feeling of lightness throughout the body.

Cuerpo completo : 75 minutes... \$70
Cuerpo completo sin rostro:
60 minutes... \$55
Solo rostro: 30 minutes.... \$35

FOOT REFLEXOLOGY

- Reflexology is the manipulation of the feet, in direct relationship with other parts of the body. Sometimes defined as zone therapy, this technique involves applying pressure points to these reflex zones to stimulate other organs in the body or relieve certain pain. This treatment provides immediate well-being.
- As the human body is represented in the plantar structure, acting locally we intervene on the entire body. Similar to the principle of acupressure, reflexology works with the body's energies to stimulate the immune system.

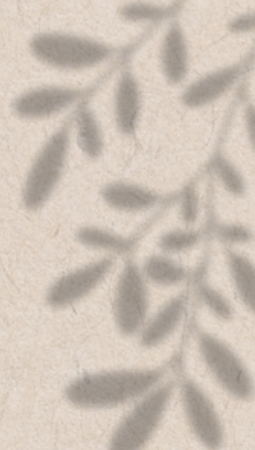
30 minutes \$40

SHIATSU

- Shiatsu is a relaxation method inspired by traditional Chinese medicine. It uses the path of meridians, specific channels through which energy circulates in our body.
- Therefore, it is based on the work of Qi - the vital energy of a person.
- This Qi, when circulating freely, promotes health and well-being.

60 minutes \$70

COMBOS



IONIC CLEANSING

- Lymphatic drainage massage
- Foot reflexology
- Ionic detox

It allows a total detoxification of the body through the lymph and the soles of the feet.

120 minutes ... \$120

JUNGLE NUTRITION

- Facial nutrition
- Lymphatic drainage of the face
- Ear cleaning

Allows skin revitalization and improvement of the ear canal.

60 minutes ... \$90

NATURA

- Nutrition plus facial liftin
- Hand and foot exfoliation
- Energy reflective massage and body stretches
- Abdominal MLD

It allows you to feel light with greater movement, remove dead cells from hands and feet, and have an illuminated and younger face.

90 minutes ... \$90



SESSION FOR TWO

SOLAR ECLIPSE

This massage allows us to connect with our partner, creating a bond of love and quality memories since they will apply the chocolate to each other and benefit from its great aphrodisiac properties.

- Relaxing full body massage.
- Activation of the nervous and circulatory system, with kneading techniques
- Cocoa wraps
- Glass of wine and tasting chocolate
- Massage room decorated with flowers

75 minutes \$180



BODY WRAPS

CHOCOTHERAPY

- The virtues of chocolate are very numerous. It is attributed with anti-stress action, energizing effects, antioxidant virtues and anti-aging action. It has slimming effects, it also improves the flexibility and hydration of the skin. In addition to working on the body, chocolate works on the mind, its gourmet aromas stimulate endorphins and release "hormones of happiness."
- During a relaxing massage, your body will be completely enveloped in cocoa produced here.
- Opt: Revitalizing face mask (\$10)

60 minutes \$85

WINETHERAPY

- Wine therapy is a technique that consists of taking advantage of the properties and benefits of wine and grapes to improve our skin and our body in general. They are therapeutic sessions in which both wine and each of its components are used.
- During a relaxing massage, you will receive a wine wrap: with wine oil, wine mousse and wine salt.
- Opt: Revitalizing face mask (\$10)

70 minutes \$95

TROPIC THERAPY

- Tropictherapy is a hydration therapy in which the body, after a toning massage, will be wrapped in exotic tropical fruits.
- Among the components of papaya and passion fruit, we have enzymes such as proteases and hydrolases such as papain, carpain and vitamins A + C, all of them of great cosmetic value thanks to the fact that they cause the breaking of multiple bonds in proteins. , dissolving and eliminating dead cells from the surface of the skin, making it look softer, fresher and more luminous, not to mention its anti-inflammatory properties.

60 minutes \$80



THE UNMISSABLE OPTIONS

SUCTION CUPS

- In traditional Chinese medicine, cupping is applied to specific locations corresponding to chosen acupuncture points.
- Depending on the disorder to be treated, the cups are mobilized in areas located along the energy meridians. And yes, for Chinese medicine, illness or pain is a sign of blockage: it means that the fundamental energy no longer circulates or is wrong.
- Chinese cupping restores blood circulation and, consequently, energy.
- Order it along with your acupuncture.

40 minutes \$40

IONIC DETOX

- Toxins and heavy metals are in an ionized state and adhere to our joints, blood vessels and other body tissues such as muscles, organs and glands. Toxins will interfere with the body's normal functioning, creating ideal conditions for the development of diseases, allergies, and weakened immune systems. Toxic waste that ends up in our body is retained by positive ions. Detoxification involves sending a number of negative ions into the body. The physical effect of contact between positive and negative ions neutralizes our internal system, releasing impressive amounts of toxins, heavy metals and other waste.
- Simply place your feet in a small container filled with salt water with the ion generator for about 25 minutes.

25 minutes \$35

CONOTHERAPY

- Cone therapy, also called thermoauricular therapy, allows you to clean ear wax.
- The end of a conical candle is inserted into the ear canal while the other end of the candle is lit. The idea is that the fire and the cone form a vacuum and extract the wax.

30 minutes \$35



EXTRA

Options to add to the massage

- Suction cups: \$10
- Wood therapy: \$10
- Pindas: \$20
- Hot stones: \$10
- Device (ultra sound massager): \$10
- Massage oil candles: \$16
- Acupuncture: \$20
- Cocoa or wine wraps*: \$55

HEALING

YOGA

- Yoga is a word in Sanskrit that encompasses several notions. It is not a sport, nor gymnastics, nor a religion, but paradoxically it could be considered a set of all of them. Yoga is actually a state of mind in which a healthy mind and a healthy body go hand in hand.
- Our yoga studio, located in the retreat area, in the middle of the jungle, offers a truly extraordinary view. The terrace inspires you to internalize the special energy found in this remote place. Practice your own yoga or meditation routine in front of the forest during the hours you want.
- Please note that use of the yoga studio is at your own risk.
- For the Mat you can request at reception.
- The spa offers private yoga classes taught by certified instructors (reserve 24 hours in advance).
- Please contact Reception for information on prices and hours.

70 minutes \$30

TEMAZCAL

- A temazcal is a type of igloo-shaped cabin, originating from the pre-Hispanic civilizations of Central America. The term temazcal comes from the Nahuatl word temazcalli "house of heat."
- There the heat is caused by the introduction of incandescent volcanic stones on which the shaman throws water in which herbs with various virtues have been marinated. According to tradition, the temazcal represents a kind of rebirth.
- Book 24 hours in advance, minimum 4 people

240 minutes \$350 por grupo

FLOWER BATH

- Fascinated by indigenous wisdom, we decided to offer you the possibility of learning about plants that heal and revitalize. This bath is perfect for adults and children, after a long day of exploring, or early before going on a hike, it will give them all the energy they need. These preparations are given to children or the elderly to help them have strong defenses and energy for the whole day.
- A healthy ritual that you wouldn't miss.
- Reserve 24 hours in advance

30 minutes \$20



